



N°605
GRAND SPA

MASSAGE

Massage is one of the oldest healing therapies known to humankind. As early as 2000 B.C.E., people were aware of its positive effects on the body and soul. At the Grand Spa, we have put together a selection of massage techniques from around the world for you, accompanied by a unique line of specially formulated oils.



DERMA ID® Grand Spa Edition

DERMA ID® developed five wonderful massage oils specially for Grand Spa NO605. The oils contain a balanced combination of almond, jojoba, grape seed, and macadamia oil. The coordination of the individual components with the skin's physiology ensures that the oils are perfectly absorbed in the course of the massage and hence unfold their full effect.

Additionally, the DERMA ID® Grand Spa Edition contains only pure essential oils and no synthetic fragrances. The five compositions:

DERMA ID® - Basic oil: Lemon and grapefruit with a hint of camphor elevate your mood while relaxing your muscles.

DERMA ID® - Warming oil: Coriander seeds, ginger, and sandalwood are combined with other essential oils to envelop your spirit and warm your soul. Especially suited for cold days!

DERMA ID® - Cooling oil: After a workout or an active day, your muscles are starving for this treat! Mint oil, eucalyptus oil, peppermint, and menthol regenerate the body.

DERMA ID® - Vitalizing oil: Revive your spirit with this oil. Blood orange, grapefruit, ylang ylang, and patchouli stimulate your senses and ensure that you'll be off to a great start in the morning.

DERMA ID® - Relaxing oil: Looking for relaxation? Need to clear your head? If so, this oil enriched with orange, lavender, and cinnamon bark is the perfect choice.

Classic or Swedish Massage

60 mins:

€ 98,00

Choose between a sports or relaxation massage.

Anti Stress Dreamland Massage

70 mins:

€ 130,00

Total relaxation for body, mind, and spirit. Comforting, regenerative massage treatment with essential oils along the meridians based on the Chinese concept of yin and yang. Tension is released and inner equilibrium is restored.

Aromatherapy Oil Massage

60 mins:

€ 120,00

Harmonizes and relieves stress. Aromatic essential oils selected to suit your personal needs bring you the relaxation and well-being you deserve. Depending on the composition of the oils chosen, the massage can be invigorating or calming. Let yourself be pampered and enchanted by the gentle massage treatment and fragrant oils.

3 in 1 Massage

60 mins:

€ 118,00

Three techniques united in a single massage: Classic, foot, and reflexology massage. Soothing, stress reducing, and very relaxing. Just the right thing after a long and tiring day.

Hot candle Massage

60 mins:

€ 128,00

The combination of aromatic oils with waxes and coconut oil that nurture the skin lends this unique massage a stimulating character. Choose from the fragrances Relax, Energy, Harmony, Aphrodesia, or Lavender.

Hot Stone Balance Massage

90 mins:

€ 148,00

Hot stone therapy is relaxation and rejuvenation in one, infusing you with the power of volcanic basalt stones. An unforgettable experience.

Indian full body massage

With special Ayurvedic oils

100 mins:

€ 178,00

Your body is massaged with a warm and balancing oil. Your joints are stretched and moved. The effect is rejuvenating, invigorating, and purifying.

Royal Thai Massage

Operated by SUVANAPUM-THAI YOGA MASSAGE

90 mins:

€ 158,00

This healing therapy has been taught and practiced in Thailand for more than 2,500 years. The therapist uses fingers, thumbs, and elbows in a massage combining acupressure and stretching techniques that allow the body's internal energy to flow more freely while alleviating problematic conditions such as back pain, arthritis, headaches, and stress-related conditions.

Royal Thai Herbal Ball Massage

Operated by SUVANAPUM Thai YOGA MASSAGE

90 mins:

€ 168,00

Tensions drift away during this massage. Following the Royal Thai Massage, hot balls made of a selection of twenty-five herbs are applied to the body in gentle circular and rolling movements. As the pores open, the herbs penetrate the skin and soothe stiff muscles, back pain, headaches, and stress.

JUST FOR MEN

These pamper treatments were specially developed for the stronger sex and are applied with gentle expertise at the Grand Spa.

Urban Men Treatment*

60 mins:

€ 148,00

Intensive rejuvenating treatment with collagen fleece mask and facial massage.

Men-Power Treatment*

60 mins:

€ 148,00

Revitalizing anti-aging treatment. Improves and refreshes the skin and supports elasticity.

* For optimum effect, we recommend that you shave about two hours before the treatment.

Grand Spa Men´s Special

180 mins:

€ 350,00

The total feel-good program for men consists of three parts: A face treatment; a pedicure including a pampering treatment for tired feet with a footbath, peeling, and intensive foot massage; and a revitalizing full body massage.